

3-5 JUNE 2022

HOLIDAY INN JÓZEFÓW

X SMA CONFERENCE WEEKEND WITH SMA

KONFERENCJA2022.FSMA.PL





FRIDAY, 3.06.22

- 10:00 - 12:00** **Workshops for parents and physiotherapists: Infection management - correct inhalation and pulmonary discharge clearing**
mgr Mikołaj Kowalski, physiotherapy specialist *Constellation 3 room*
- 12:00 - 14:00** **Workshops for parents and physiotherapists: How to improve the respiratory capacity?** *Constellation 3 room*
mgr Mikołaj Kowalski, physiotherapy specialist
- 14:00** **REGISTRATION** *hotel lobby*
- 15:00 - 16:30** **Workshops for parents and carers: Family trust and partnership - a chance for independence in SMA** *Galaxy 1 room*
Agnieszka Kubicka SMA2, President of Fundacja Wózkowicze
- Workshops for SMA youth: Self-acceptance: where does the self-esteem come from?** *Galaxy 2 room*
Paulina Rowińska, psychologist
- Workshops for parents and physiotherapists: Why is it worth using motor development scales in physiotherapy planning?** *Taurus room*
dr hab. Ewa Gajewska, lecturer, Department of Developmental Age Neurology, Medical University in Poznań
- 15:00 - 18:00** **Spine and hip function assessment in children with SMA** *Galaxy 3+4 rooms*
sign-ups: dr n. kf. Agnieszka Stępień, President of Polish Physiotherapy Association
- Assessment of diaphragm mobility in children with SMA** *Aquarius 1 room, 1st floor*
sign-ups: mgr Tomasz Rybkiewicz, Physiotherapist
- 16:30 - 18:00** **Workshops for SMA adults: Dreams, goals, courage and perseverance. Inspirational workshops about colours of life with SMA** *Galaxy 1 room*
Agnieszka Kubicka SMA2, President of Fundacja Wózkowicze
- Workshops for parents: Parenting problems in SMA** *Galaxy 2 room*
Paulina Rowińska, psychologist
- Workshops for parents and physiotherapists: Is Vojta method worthwhile? Facts and myths** *room Taurus*
dr hab. Ewa Gajewska, lecturer, Department of Developmental Age Neurology, Medical University in Poznań
- 18:00** **DINNER** *Constellation room*
- 20:00** **GALA** *Constellation room*
- 21:30** **LIGHT TO THE SKY** *hotel front*
- 22:00** **BAL FOR ADULT ATTENDEES** *Constellation room*

10:00	INAUGURATION <i>Constellation room</i>
10:10 - 11:40	Expert debate: "SMA in Poland - opportunities, challenges and successes" <i>Constellation room</i> Experts
11:40	JOINT PHOTO <i>hotel front</i>
12:00 - 18:00	Spine and hip function assessment in children with SMA <i>Galaxy 3+4 room</i> sign-up: dr n. kf. Agnieszka Stępień, President of Polish Physiotherapy Association Assessment of diaphragm mobility in children with SMA <i>Aquarius room, 1st floor</i> sign-up: mgr Tomasz Rybkiewicz, Physiotherapist
12:10 - 12:30	Back to the roots - basics of SMA genetics Anna Kordala, Department of Physiology, Anatomy, and Genetics, University of Oxford
12:30 - 13:00	Healthcare reform and rare diseases - new dimension of neurology Dr n. ekon. Małgorzata Gałązka-Sobotka, Dean of Postgraduate Education, Director of the Institute of Healthcare Management, Director of Center of Value Base Care, Lazarski University
13:00 - 13:30	Challenges in orthopaedics in the age of treatment dr n. med. Tomasz Potaczek, Clinic of Orthopaedics and Rehabilitation, Jagiellonian University, Collegium Medicum, Zakopane
13:30 - 14:00	Activating psychological resources in SMA children and their parents mgr Leszek Naziemiec, psychologist, physiotherapist, NDT-SI therapist
14:00	LUNCH <i>LunaSol Restaurant</i>
15:00 - 16:30	Workshops for physiotherapist and parents: Functional exercises for SMA patients based on NDT-Bobath concept <i>Galaxy 1 room</i> - kids age 0-2
16:30 - 18:00	- kids age 2-6 mgr Leszek Naziemiec, physiotherapist, psychologist, NDT-SI therapist
16:30 - 17:30	Alternative communication workshops <i>Galaxy 2 room</i> Katarzyna Łuszczak Atabi Workshops for parents: Support in education system - from early development to high school <i>Constellation 3 room</i> Ewelina Gieparda, pedagogue, SMA mom Workshops for SMA adults: Support for adults with disabilities - systemic solutions <i>Constellation 2 room</i> mgr Kamila Kołakowska, Department of Adaptation of Disabled People at MOPS in Wrocław Workshops for youth: Career counselling <i>Constellation 1 room</i> Katarzyna Korba, sociologist, career counselor
17:30 - 18:30	Workshops for youth: How can I develop my talents? Michał Woroch, traveler Workshops for SMA parents: Support for people with disabilities and their families in Poland - systemic solutions <i>sala Constellation 2</i> mgr Kamila Kołakowska, Department of Adaptation of Disabled People at MOPS in Wrocław How did the assistant change my life? Practical advices and tips <i>Constellation 1 room</i> Marta Zając SMA2 - travel and adapted sports enthusiast, educator
19:00	INTEGRATION DINNER <i>gazebo by the balcony</i>



SUNDAY, 5.06.22

10:00 - 11:00 **SMARt RUN4 - outdoor, integration run**

Drużyna SMA (SMA team)

11:00 - 12:00 **Workshops: Diagnosis of swallowing disorders and feeding difficulties** *Galaxy 1 room*
dr n. społ. Ewa Winnicka, clinical speech therapists

Workshops for SMA affected people: Proper nutrition in life with SMA *Galaxy 2 room*
Adrianna Kowalska, clinical dietitian, sos.pcos

11:00 - 13:00 **Sexuality workshops for couples with SMA - closed group** *Galaxy 3 room*
dr. nauk hum. Alicja Długołęcka, sexologist, pedagogue, sex educator,
psychotherapist

12:00 - 13:00 **How to transform unadapted space to more accessible one? From the life of a local
official with a disability** *Galaxy 1 room*

dr Agnieszka Filipkowska, councilwoman, City Council of Gliwice, SMA type 1

Workshops for SMA families: How to raise treatment and rehabilitation funds?

Galaxy 2 room

Kornelia Matuszewska, fundraiser

13:00 **CONFERENCE CLOSURE**

HONORARY PATRONAGE

First Lady of Poland
Agaty Kornhauser-Duda

**CHAIRMAN OF THE HONORARY
COMMITTEE**



Rzecznik Praw Pacjenta
Bartłomiej Chmielowiec

MEDIA PATRONAGE



SCIENTIFIC PATRONAGE

